

Analysis of Shooting Techniques and Strategies in Football Games at Sumberkare 3 State Elementary School

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Abstract

This study aims to determine the shooting ability in soccer games of students of SDN Sumberkare 3. The subjects of this study were 40 8th grade students of SDN Sumberkare 3. This study is a quantitative descriptive study, the research method is a survey method with data collection techniques using tests and measurements. The data obtained are in the form of test results and measurements of shooting ability in soccer games of SDN Sumberkare 3 students. It can be concluded that the shooting ability in soccer games of SDN Sumberkare 3 students is in the sufficient category for 30 students or 75%, the less category for 6 students or 15%, and the very less category for 4 students or 10%.

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1. INTRODUCTION

Physical education and health is a part of overall education that prioritizes physical activity and fostering a healthy lifestyle for harmonious, consistent and balanced physical, mental, social and emotional growth and development based on the understanding in the physical education curriculum consisting of various activities including game and sports activities, development activities, self-test/gymnastics activities, rhythmic activities, water activities and extracurricular activities. One of the materials taught in game and sports activities is soccer game activities, Depdikbud (1994: 1).

Football is a very popular ball game played by two teams, each consisting of eleven players. Football also fosters teamwork and sportsmanship, a principle that must be upheld.

According to Sudjarwo (2005), there are several basic skills in soccer, such as: stopball (stopping the ball), shooting (kicking the ball towards the goal), shooting (passing), heading (heading the ball), and dribbling (dribble). In training to master basic skills, it can be done without friends, for example, by using a wall to bounce the ball, or by hanging the ball. Soccer games are dominated by fast shooting and ball control between players. Fast play is usually supported by good shooting quality because it is needed to create the rhythm of the game and control the ball on the field.

Based on the results of observations conducted by researchers at SDN Sumberkare 3 on 8th grade students, researchers obtained information that the learning outcomes of 8th grade students in the 2025/2026 academic year were classified as low, in mastering shooting skills in soccer games on soccer subject matter or below the Minimum Completion Score (KKM), namely below 70, the average value obtained was 23.42, 65. The factors that influence the low value of 8th-grade students' learning outcomes below the Minimum Completion Score were due to the teaching method of shooting skills techniques in soccer

games. which is less appropriate, as well as inadequate facilities and infrastructure, such as a lack of demonstration tools and practice, which is still very minimal and limited.

2. RESEARCH METHODS

This study aims to determine the shooting abilities in soccer games among students of SDN Sumberkare 3. The subjects of this study were 40 fifth-grade students of SDN Sumberkare 3. This study was a quantitative descriptive study, using a survey method with data collection techniques using tests and measurements. The data obtained were in the form of test results and measurements of low-level shooting abilities.

3. RESEARCH RESULTS AND DISCUSSION

3.1. Research result

This study aims to determine the level of shooting ability in soccer games among students of SDN Sumberkare 3. After data collection was carried out, the data were tabulated, scored, and analyzed, so that statistics were obtained on the level of shooting ability in soccer games among students of SDN Sumberkare 3. The description of the results of the study on shooting ability in soccer games among students of SDN Sumberkare 3 is as follows:

Table 1 : Data Description of Shooting Ability in Football Games of Students at SDN Sumberkare 3.

No.	Interval	Criteria	Frequency	Presentation
1	$M + 1,5 SD < X$	Very good	0	0
2	$M + 0,5 SD < X \leq M + 1,5 SD$	Good	0	0
3	$M - 0,5 SD < X \leq M + 0,5 SD$	Enough	30	75
4	$M - 1,5 SD < X \leq M - 0,5 SD$	Not enough	6	15
5	$X \leq M - 1,5 SD$	Less than once	4	10

3.2. Discussion

Based on Table 1 above, it can be seen that the level of shooting ability in soccer games for students at SDN Sumberkare 3 is in the sufficient category for 30 students or 75%, the insufficient category for 6 students or 15%, and the very insufficient category for 4 students or 10%.

4. CONCLUSION

It can be concluded that the shooting ability in soccer games of students at SDN Sumberkare 3 is in the sufficient category for 30 students or 75%, the insufficient category for 6 students or 15%, and the very insufficient category for 4 students or 10%.

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