

Personality Type of the Main Character Nora Andreana in the Novel *The Darkest Embrace* Shan A. Fitriani's work: A Psychological Study of Literature

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Abstract

*This research discusses the personality of the main character owned by Nora Andreana in the novel *The Darkest Embrace* by Shan A. Fitriani using the Hippocrates-Galenus typological theory. This theory states that in the human body there are four personality types, namely: Choleric, Melancholy, Phlegmatic, and Sanguinis. The four personality types have their own traits or characteristics. This study aims to describe the personality type of the main character Nora Andreana in the novel *The Darkest Embrace* by Shan A. Fitriani. The research method used is a qualitative description method with data collection techniques using literature study techniques, reading techniques, and notes. The data in this study is in the form of quotes in the novel that show the traits or characteristics of the personality that exist in the main character Nora Andreana in the novel *The Darkest Embrace* by Shan A. Fitriani. The technical data analysis in this study is to present data, record and observe it, explain the results of the research, and draw conclusions. The result of this study was that 83 data were found on the personality type of the main character Nora Andreana who was more dominant in the Melancholies type which refers to the characteristics of small fighting power, easy to be disappointed, pessimistic, gloomy, anxious, rigid, timid, and thoughtful. This feature is illustrated in Nora Andreana's life which since childhood has not been easy, her life is filled with sadness and tears, because she always loses her loved ones which makes her life even more miserable.*

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1. INTRODUCTION

Literary works are expressions of personal human feelings in the form of experiences, thoughts, feelings, ideas, enthusiasm, beliefs in the form of images of life that can arouse fascination with language tools and are depicted in written form. Literature is a form of recording in language that will be conveyed to other people. Literature is a language art that has meaning, the birth of a literary work is to be enjoyed by oneself or also to be enjoyed by anyone who reads it or the readers.

A novel is a work of fiction written in the form of a story. A novel talks about characters and their behavior in everyday life. There are many stories in a novel, but usually a novel writer tells stories that are close to the background of his life. Purwaningtyastuti (2013) also stated that novels are fiction that talk about the lives of characters and life values. The lives of the characters depicted in the novel are realistic, reasonable, and aim to transport readers to a more colorful world.

Literary psychology discusses literary works in relation to the psychological aspects contained in a literary work. To reveal psychological elements in literary works, the help of psychological theories is needed, Sangidu (in Mahliatussikah, 2016). The study of literary psychology is to understand the psychological aspects contained in a literary work; however, this does not mean that psychological analysis of literature is completely independent of the needs of society.

Burger (in Ansori, 2020) says that personality is a consistent pattern of behavior and interpersonal processes that occur within an individual. According to Widianari and Herdiyanto (2013), personality means individual characteristics that cause consistency in feelings, thoughts and behavior. Galenus divided human personality types into four, namely Choleric, Melancholic, Phlegmatic, and Sanguine.

In this research, we will examine the personality of the main character Nora Andreana in the novel entitled *The Darkest Embrace* Shan's work. A Fitriani. This research focuses on the main character, namely Nora Andreana. Researchers want to analyze the personality of the main character which is formed through interactions that occur between humans and themselves, as well as interactions between humans and their environment. These interactions can give rise to conflict or contradiction between humans and themselves, humans and other humans, and humans and society, as well as tension within the self that tries to be released.

The novel entitled *The Darkest Embrace* taken because Nora Andreana's personality is interesting to analyze. Psychologically, Nora's personality changes as described in the novel *The Darkest Embrace* are dominant in the storyline. The author focuses the reader's mind more on the problems faced by Nora as the main character. Through the character Nora, the author creates conflicts that are tense and not boring so that researchers want to pay attention to problems related to psychological elements. Based on this, researchers are interested in making the novel *The Darkest Embrace* by Shan A. Fitriani the object of research using the Hippocrates-Galenus literary psychology theory.

2. RESEARCH METHOD

Sugiyono (2020) explains that research methods are a scientific way to obtain data for a specific purpose. The scientific method means that research activities are based on scientific characteristics, namely rational, empirical and systematic. Based on the explanation above, it can be concluded that a research method is a scientific way to obtain data for a specific purpose. Research methods are divided into quantitative methods and qualitative methods. This research uses qualitative methods, namely research that aims to understand phenomena about what the research subjects have, for example behavior, perceptions, motivation, actions, etc. By description in the form of words and language, in a special context that utilizes various natural methods (Moleong, 2017:6).

The primary data source studied was the novel entitled *The Darkest Embrace* by Shan A. Fitriani. The techniques used in data collection were note-taking and library research techniques, namely reading the entire novel *The Darkest Embrace* Shan A. Fitriani's work carefully and repeatedly. The technique used in data analysis is using a literary psychology approach by describing the personality of the main character Nora Andreana in the novel *The Darkest Embrace* by Shan A. Fitriani.

3. RESEARCH RESULTS AND DISCUSSION (12 Pt)

3.1. Research Results and Discussion

This research will describe the personality type of the main character Nora Andreana in the novel *The Darkest Embrace* Shan A. Fitriani's work using the Hippocrates-Galenus theory. Galenus, who is said to be the successor to Hippocrates'

views, used the four types of fluids found in the human body as a basis for thinking in compiling a human typology. The four types of fluid mentioned above are blood (sanguine), lymph (phlegm), bile (choleric) and black bile (melancholy). These four fluids are now known as the choleric type, melancholic type, phlegmatic type and sanguine type, each with their own unique properties. The dominance of one of these fluids causes distinctive characteristics to appear in each person.

1.2 Discussion

1. Choleric in the Character of Nora Andreana

Data 1: *“Leo!!! Open this door or I will kill myself here!!! Unlucky!!! Leo, I'm not going home until you open this door!!! Open this door and tell me it's all lies!!!”* (Fitriani, 2020:17)

Quotation on describing personality traits got angry on Nora's character. Evidenced in the quote *“Leo!!! Open this door or I will kill myself here!!! Unlucky!!! Leo, I'm not going home until you open this door!!!”* This sentence shows that Nora has a hard heart, she said she would kill herself if Leo didn't open the door for her. He also wouldn't go home until Leo opened the door to his house and said that all the rumors circulating about his ex-girlfriend didn't really happen. Personality shape got angry in Nora's character depicted in the quote above is hard and her heart is easy to burn.

Data 2: *Nora was awakened from her thoughts when she heard the sound of a car starting. The sound of the car came from the car driven by the man named Reynaldo Christofor.*

“No!”

Nora wouldn't just let that man go. Quickly, Nora ran in front of the man's car before the car actually drove away. Nora immediately stretched out her arms as if she was going to stop the car. (Fitriani, 2020:35)

The quote above describes the choleric personality form of the character Nora. As evidenced in the quote *“Nora wouldn't just let that man go. Quickly, Nora ran in front of the man's car before the car actually drove away. Nora immediately stretched out her arms as if she was going to stop the car.”* This sentence describes the character Nora who has a brave, firm personality and has great fighting power. After hearing the sound of the car starting, Nora woke up from her thoughts and immediately ran to the front of the car carrying a man who looked like her ex-boyfriend. Nora didn't want to waste this opportunity and showed great courage by stretching out both arms to stop the car. Nora tends to take control of the situation and directs actions according to her goals without caring about the consequences of the actions she takes. The Choleric personality form in Nora's character as depicted in the quote above is brave, firm, and has great fighting power.

Data 3: *“PLAQUE!”*

Aldo's words were stopped when Nora, with a face full of anger, slapped Aldo. As usual, the woman slapped Aldo again for the words that were always spoken from Aldo's thin lips at will.

“Yes! I want to sell myself there! I want to be bought by a rich man! Are you happy now?!” snapped Nora. (Fitriani, 2020:129)

The quote above describes the choleric personality form of the character Nora. As evidenced in the quote *“Aldo's words were stopped when Nora, with a face full of anger, slapped Aldo. As usual, the woman slapped Aldo again for the words that were always spoken from Aldo's thin lips at will.”* This sentence describes the character Nora as having an irritable personality. Nora did not hesitate to slap Aldo when she felt she was being treated disrespectfully or provoked by Aldo's words. Nora showed a strong

emotional reaction, in the form of anger and physical action, namely slapping Aldo. He also angrily said that he wanted to sell himself there, and wanted to be bought by a rich man. In the sentence above, it can be proven that it was not the only time Aldo said words that made Nora angry. The form of Choleric personality in Nora's character as depicted in the quote above is irritability and her heart burns easily.

2. Melancholy in the character of Nora Andreana

Data 1: *"Right after Nora grabbed the man's hand, the four bodyguards pointed their guns at Nora's head quickly. Making Nora immediately scream in surprise before covering her mouth in disbelief. He realized that he seemed to be dealing with one of the dangerous groups."* (Fitriani, 2020:33)

The quote above describes the Melancholic personality form of the character Nora. Evidenced by the sentence *"Making Nora immediately scream in surprise before covering her mouth in disbelief"*. This sentence describes the character Nora who was afraid and anxious when the four bodyguards pointed a gun at Nora's head, she did not believe that the situation would be dangerous. Nora feels that she is dealing with one of the dangerous groups and is afraid of hurting her. Nora realized how serious and dangerous the situation was. The sanguine personality form of Nora's character as depicted in the quote above is timid and anxious.

Data 2: *"Every time Nora wants to start new things with men, her memories will always return to her happy times with Leo. He couldn't forget that man at all."*

"Nora exhaled tiredly. He didn't know how long he would live in the shadow of his ex-girlfriend. Nora really couldn't stop thinking about Leo all the time." (Fitriani, 2020:50)

The quote above describes the Melancholic personality form of the character Nora. Evidenced by the quote *"Nora exhaled tiredly. He didn't know how long he would live in the shadow of his ex-girlfriend"*. This sentence describes the character of Nora who is pessimistic and gloomy. Nora exhaled, indicating that she was tired of being in the phase of wanting to forget her ex but not being able to. She always remembers her happy moments with Leo every time she wants to start something new with another man. He felt he couldn't forget Leo and didn't know how long he would live in the shadow of his ex-lover. The form of melancholic personality in the character Nora depicted in the quote above is pessimistic.

Data 3: *"Slowly Nora's body fell to the floor as her crying became increasingly audible. He hugged his knees after sitting on the floor. She buried her face; her crying became more and more intense and she couldn't hold it in any longer."* (Fitriani, 2020:226)

The quote above describes the Melancholic personality form of the character Nora. Evidenced by the quote *"She buried her face; her crying became more and more intense and she couldn't hold it in any longer"*. This sentence describes the character Nora who has a gloomy personality. Her body fell to the floor, indicating that Nora was no longer able to endure all the pain I was feeling, with the sound of her crying becoming more audible, indicating that Nora's cries were getting stronger. He hugged his knees and buried his face behind them, the cries he let out became stronger and he couldn't hold them in any longer. The form of melancholic personality in the character Nora depicted in the quote above is gloomy.

3. Phlegmatic in the Character of Nora Andreana

Data 1: *"Nora, could you please deliver some of these boxes? I know it's almost time for you to go home. But Mom asked for help. Davis, who often drives you, has gone home and you're the only one who can ride that motorbike."*

Nora thought for a moment. He wasn't in a hurry to go home. It seems like there's no harm in helping out at his workplace. Nora then nodded. He smiled as he stretched out his hand to grab the pizza boxes.

"OK, I'll take him, Mrs. Salma." (Fitriani, 2020:20)

The quote above describes the phlegmatic personality form of the character Nora. Evidenced by the quote *"He wasn't in a hurry to go home. It seems like there's no harm in helping him at his workplace."* This sentence describes Nora's character who is relaxed and doesn't like to be rushed, so she thinks there's no harm in helping her at her workplace even though it's almost time to go home, but she still nods in agreement to the request of the boss where she works. The form of Nora's phlegmatic personality as depicted in the quote above is relaxed and doesn't like to be rushed.

Data 2: *"Just take the change," said the man, immediately closing the door without waiting for Nora's friendly response.*

Seeing that, Nora just stayed where she was. He shrugged his shoulders as he folded the money he received and put it in his pocket. He walked back to the elevator that had taken him to that floor. (Fitriani, 2020:22)

The quote above describes the phlegmatic personality form of the character Nora. Evidenced by the quote *"Seeing that, Nora just stayed where she was. He shrugged his shoulders as he folded the money he received and put it in his pocket"*. This sentence describes Nora's character as calm and relaxed. When Nora delivered pizza, and the man who *received* the pizza gave Nora his change for free. But Nora responded calmly and relaxed in dealing with various situations. He looked calm as he folded the money he received and put it in his pocket. The form of phlegmatic personality in Nora's character as depicted in the quote above is calm and relaxed.

Data 3: *"Here, let me help you." Nora then grabbed some broken glass and helped the maid collect them. He didn't care at all about all the eyes looking at him, including Randy Vincent's gaze.*

"Ah, Miss! No, let me do it!" the waiter exclaimed reluctantly.

"Shh, be quiet. I will help you." (Fitriani, 2020:111)

The quote above describes the phlegmatic personality form of the character Nora. Evidenced by the quote *"Here to the people." Nora then grabbed some shards of glass and helped the waiter collect them. He didn't care at all about all the eyes staring at him"*. This sentence describes the character Nora who has a calm personality and is willing to make sacrifices. Nora calmly offered help to the maid who was cleaning up the broken glass, even though the maid felt embarrassed. Nora likes to help others without expecting anything in return, and she does it in a calm manner and without making a fuss. Nora doesn't care about all the eyes looking at her, including Randy Vincent's gaze, which shows that Nora tends to be emotionally stable and is not easily disturbed by other people's opinions or reactions. The form of Nora's phlegmatic personality as depicted in the quote above is calm.

4. Sanguinis in the Character of Nora Andreana

Data 1: *"Sorry, if I'm long. "I was taking care of something earlier," said Nora with a shy smile. Considering that today is their second relationship anniversary, Nora is very enthusiastic.* (Fitriani, 2020:9)

The quote above describes the Sanguine personality form of the character Nora. Evidenced by the sentence *"Sorry, if I'm long. I was taking care of something earlier," said Nora with a shy smile."* describes Nora's expressive nature when she met Leo, she couldn't help but smile shyly. In the sentence *"Considering that today is their second relationship anniversary, Nora is very enthusiastic."* depicts Nora who is enthusiastic and enthusiastic in various situations, especially in meaningful moments such as the

celebration of their second year's relationship anniversary. The sanguine personality form of Nora's character as depicted in the quote above is cheerful, enthusiastic and enthusiastic.

Data 2: *“Nora clapped her hands enthusiastically when Jason ended his performance by pouring drinks for the visitors who also clapped. Every time she saw Jason's cool attraction, Nora wanted to try it even more.”* (Fitriani, 2020:27)

The quote above describes the Sanguine personality form of the character Nora. Evidenced by the sentence *“Nora clapped her hands enthusiastically when Jason ended his performance by pouring drinks for the visitors”*. In this sentence, the character Nora has great enthusiasm when Jason ends his performance. Nora's enthusiastic applause is very expressive and enjoys showing her feelings openly. Nora also not only enjoyed the show, but also got involved in the social atmosphere by clapping along with other visitors. Nora tends to value moments of togetherness and interaction with other people. The form of Nora's sanguine personality as depicted in the quote above is high enthusiasm.

Data 3: *“A twinkling expression full of enthusiasm and happiness immediately appeared on Nora's face, which was refreshed and no longer pale. Hearing the words freedom made Nora unable to hide her happiness. Even though Aldo said that the man would not take her back home, Nora still felt a little relieved that she would not be locked up in that luxurious and spacious room.”* (Fitriani, 2020:94)

The quote above describes the Sanguine personality form of the character Nora. Evidenced by the sentence *“A twinkling expression full of enthusiasm and happiness immediately appeared on Nora's face, which was refreshed and no longer pale. Hearing the words freedom made Nora unable to hide her happiness”*. This sentence describes Nora's enthusiastic character. Nora tends to be very expressive and does not hesitate to show her feelings. The twinkling expression of enthusiasm and happiness that radiates on Nora's face shows how she openly expresses her feelings of happiness. Even though Aldo didn't take him home, at least he felt relieved not to be locked in his room anymore. The sanguine personality form of Nora's character as depicted in the quote above is enthusiastic.

4. CONCLUSION

Based on the research that has been carried out, the research results found 83 personality data owned by Nora Andreana in the novel *The Darkest Embrace* by Shan A. Fitriani. Data were analyzed using the Hippocrates-Galenus typology theory. The four personality types are, namely, type *got angry*, type *melancholy*, type *phlegmatic*, and type *of blood*

Through research results obtained from the four personality types possessed by the character Nora Andreana, it can be concluded that the character Nora Andreana dominates the personality type *melancholy*. The melancholic personality type found in the character Nora Andreana in the novel *The Darkest Embrace* Shan A. Fitriani's work contains 37 data on personality types based on their characteristics. The character Nora Andreana displays the characteristics of little fighting power, easily disappointed, pessimistic, gloomy, anxious, stiff, timid, and thinking.

Nora is described as someone who often analyzes her feelings and situations in depth, has a sensitive nature, and sometimes drowns in feelings of sadness or disappointment. Nora's melancholy shows a complex and deep emotional side, reflecting her personality

type *melancholy* which is often experienced throughout the story. This proves that Nora Andreana's personality type is dominated by personality type *melancholy*.

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