

Understanding Science Concepts In The Basic Natural Sciences Course Through The Inquiry Method

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Abstract

This study aims to describe the implementation of the inquiry method in the Basic Natural Sciences course and analyze its impact on students' understanding of science concepts. The study employed a descriptive qualitative approach with a case study design. The participants consisted of a lecturer and students enrolled in the Basic Natural Sciences course. Data were collected through classroom observations, in-depth interviews, and learning documentation. The data were analyzed using the Miles and Huberman model, including data reduction, data display, and conclusion drawing. The validity of the data was ensured through source triangulation, member checking, and peer debriefing. The findings revealed that the inquiry method was implemented through several stages, namely problem identification, question formulation, hypothesis development, data collection, data analysis, and conclusion drawing. The implementation of the inquiry method encouraged active student participation in scientific investigations and classroom discussions. Students demonstrated a deeper understanding of science concepts by connecting theoretical knowledge with real-life phenomena. In addition, the inquiry method enhanced students' critical thinking skills, problem-solving abilities, and scientific literacy. Although several challenges were identified, including differences in students' academic backgrounds and the availability of learning resources, the inquiry method proved effective in promoting meaningful and contextual learning experiences. In conclusion, the inquiry method is an effective learning strategy for improving students' conceptual understanding of science in the Basic Natural Sciences course. Therefore, it is recommended as a student-centered instructional approach that supports the development of 21st-century competencies.

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1. INTRODUCTION

The Basic Natural Sciences (Ilmu Alamiah Dasar/IAD) course is designed to equip students with an understanding of fundamental scientific concepts and the ability to think scientifically in interpreting various natural phenomena. Learning in the IAD course emphasizes not only conceptual mastery but also students' ability to relate scientific concepts to everyday life.

However, the learning process in higher education is still often dominated by lecture-based methods centered on the lecturer, causing students to become passive recipients of information. This condition results in a superficial understanding of concepts that is difficult to apply in real-life contexts

(Tang, 2023). Therefore, a learning approach that actively engages students in the learning process is needed.

Conceptual understanding refers to students' ability to explain, connect, and apply scientific concepts in various situations. According to Vosniadou (2019), a strong understanding of scientific concepts enables learners to build meaningful and long-lasting knowledge structures. Therefore, science education in higher education should be designed to provide students with learning experiences that promote deep conceptual understanding.

One approach that can be employed is the inquiry method. Inquiry-based learning provides students with opportunities to formulate problems, develop hypotheses, conduct investigations, collect data, and draw conclusions based on the evidence obtained (Aditomo & Klieme, 2020). Through this process, students actively construct their own knowledge in accordance with the principles of constructivism.

Previous studies have shown that inquiry-based learning can improve scientific literacy, critical thinking skills, and students' conceptual understanding (Kang, 2022; Wen et al., 2020). Furthermore, the implementation of active learning based on scientific practices has been proven to increase students' learning motivation and engagement during the learning process (Owens et al., 2020).

Therefore, the inquiry method is considered highly relevant for implementation in the Basic Natural Sciences course because it can help students understand science concepts more deeply, contextually, and meaningfully. Accordingly, this study aims to describe the implementation of the inquiry method in Basic Natural Sciences learning and analyze its impact on students' understanding of science concepts.

2. METHOD

This study employed a descriptive qualitative approach aimed at providing an in-depth description of the implementation of the inquiry method in the Basic Natural Sciences course and its impact on students' understanding of science concepts. This approach was selected because it can provide a comprehensive picture of students' learning experiences during inquiry-based learning (Nirwan et al., 2024).

The research was conducted as a case study involving the lecturer responsible for the Basic Natural Sciences course and students enrolled in the course. Data were collected through classroom observations, in-depth interviews, and learning documentation.

Data analysis was carried out using the Miles and Huberman model, which consists of data reduction, data display, and conclusion drawing. Data validity was ensured through source triangulation, member checking, and peer debriefing.

3. RESULTS AND DISCUSSION

The results showed that the implementation of the inquiry method in the Basic Natural Sciences course was carried out through the stages of problem identification, question formulation, hypothesis development, data collection, data analysis, and conclusion drawing. During the learning process, students demonstrated high levels of engagement in discussions, observations, and scientific investigations.

The implementation of the inquiry method was found to help students gain a deeper understanding of science concepts. Students were able to explain the relationships among concepts of energy, environment, ecosystems, and technology in connection with phenomena encountered in everyday life. These findings are consistent with those of Wein et al. (2020), who reported that inquiry-based learning enhances conceptual understanding and scientific literacy among university students.

In addition to improving conceptual understanding, the inquiry method also fostered the development of students' critical thinking skills. Through investigative activities and data analysis, students became accustomed to identifying problems, evaluating information, and constructing arguments based on scientific evidence. These findings are supported by Monrat et al. (2022), who found that learning activities based on open-ended questions can enhance students' critical thinking abilities.

The findings of this study also reinforce constructivist theory, which states that knowledge is actively constructed by learners through learning experiences and interactions with their environment (Suryati et al., 2024). In inquiry-based learning, students do not merely receive information from lecturers but actively construct knowledge through scientific investigation.

Furthermore, the results indicate that the inquiry method contributes to the improvement of students' scientific literacy. Students not only understood scientific concepts but were also able to use scientific knowledge to explain natural phenomena and make decisions based on scientific evidence. These findings are consistent with studies conducted by Haryadi and Pujiastuti (2020) and Yusuf and Widodo (2023), which demonstrated that inquiry-based learning is effective in improving students' scientific literacy.

Nevertheless, several challenges were encountered in implementing the inquiry method, including differences in students' high school academic backgrounds, variations in academic abilities, and the need for adequate learning resources. These findings are in line with Owens et al. (2020), who stated that active learning requires careful planning as well as readiness on the part of both lecturers and students.

4. CONCLUSION

The inquiry method has proven effective in improving students' understanding of science concepts in the Basic Natural Sciences course. Through active involvement in scientific investigation processes, students are able to develop deeper, more contextual, and more meaningful conceptual understanding.

In addition to enhancing conceptual understanding, the inquiry method also contributes to the development of critical thinking skills, problem-solving abilities, and scientific literacy. Therefore, the inquiry method is recommended as one of the learning strategies that can be implemented in the Basic Natural Sciences course to support student-centered learning and meet the demands of 21st-century education (Tarigan et al., 2025).

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